

Horsemen's Guide: Workouts and 1st time Starters

Quarterhorse

If a horse has not started in the **45-day period** preceding a race, the horse must have **one published workout** to be eligible to start in that race.

If a horse is a **first-time starter**, the horse must have **two published workouts, one of which must be from the starting gate within 90 days and one must be within the last 45 days of the race entered**, in order to be eligible to start in a race. The first-time starter must also be approved from the starting gate by the Lone Star Park at Grand Prairie starter for proficiency in the starting gate.

First time starters around the turn must be approved by the clocker prior to entering in a one turn race and have a **minimum 660 yard** published workout within the last **45 days**. Trainers must notify the clocker prior to working a horse for turn approval.

All horses working at Lone Star Park at Grand Prairie must be identified by name (breeding if unnamed), type of workout and distance to the Gap Attendant. Failure to report this information will result in referral to the stewards.

Foal certificates must be on file in the Lone Star Park at Grand Prairie Racing Office before a horse will receive an official work.

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Thoroughbred

If a horse has not started in the **45-day period** preceding a race, the horse must have **one published workout** to be eligible to start in that race.

If a horse has not started in the 90-day period preceding a race, the horse must have two published workouts and one must be within the last 45 days to be eligible to start in that race.

If a horse is a **first-time starter**, the horse must have **two published workouts, one of which must be from the starting gate within the past 90 days and one must be within the last 45 days of the race**, in order to be eligible to start in a race. The first-time starter must also be approved from the starting gate by the Lone Star Park at Grand Prairie starter for proficiency in the starting gate.

All horses working at Lone Star Park at Grand Prairie must be identified by name (breeding if unnamed), type of workout and distance to the Gap Attendant. Failure to report this information will result in referral to the stewards.

Foal certificates must be on file in the Lone Star Park at Grand Prairie Racing Office before a horse will receive an official work.